



Dear Mothers, Dear Fathers,

Ihr Zahnarzt in Schleswig-Holstein

Zahnhotline

Patientenberatungsstelle der schleswig-holsteinischen Zahnärzte

Eine Einrichtung der Zahnärztekammer Schleswig-Holstein
und der Kassenzahnärztlichen Vereinigung Schleswig-Holstein.

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Zahnärztlicher Kinderpass



**Damit Ihr Kind
mit gesunden
Zähnen aufwächst!**

... Your child's health is important to us! With the Child's Dental Examination Book we want to help you to look after your child's dental health from the very beginning. Your child's future health will be strongly influenced by the health of his or her teeth and by nutrition. Healthy milk teeth are a major condition for your child's jaw growth, the development of his or her permanent teeth and language development.

What we recommend for your child:

To safeguard your child's oral health you should take advantage of the precautionary medical services offered at your dentist's surgery as early as possible. Children are examined specifically with regard to particular risks, such as baby tooth decay. Get your dentist to enter all your child's precautionary examinations in this book. This will give you an overview and contribute actively to improving your child's oral health.

At your dental surgery you can learn more about these examinations. You can also get a lot of tips and information on how nutrition can promote dental health and on the right dental care.

We wish you and your family the very best of health!

With your child you should practice the appropriate brushing technique using a children's toothbrush. The best technique is the MOI method.

(M = masticatory surfaces,
O = outer surfaces,
I = inner surfaces)



M = masticatory surfaces



O = outer surfaces



I = inner surfaces